

HLAA ON THE GO FOR HEARING LOSS AND YOU

CONSUMER CONCERNS IN HEARING HEALTH CARE

HLAA Executive Director Anna Gilmore Hall attended an [Ida Institute](#) meeting December 12 and 13, 2013, in Tampa, Florida. The Ida Institute brings people from around the world to discuss the future of hearing health care. They also help professionals obtain a more holistic understanding of their patients to help people live well with hearing loss. HLAA brings the consumer perspective to the discussion.

INSTITUTE OF MEDICINE OF THE NATIONAL ACADEMIES (IOM) HOLDS WORKSHOP

The Hearing Loss Association of America was one of the sponsors of the Institute of Medicine’s workshop, "[Hearing Loss and Healthy Aging](#)," held January 13-14, 2014, in Washington, D.C. The IOM is an independent, nonprofit organization that works outside of government to provide unbiased and authoritative advice to decision maker and the public. Established in 1970, the IOM is the health arm of the National Academy of Sciences, which was chartered under President Lincoln in 1863. A summary paper will be published and the video broadcast is on their website but is not yet captioned.

HLAA IS WORKING FOR YOU – ADVOCACY AND PUBLIC POLICY

Accessible Technology

HLAA staff attended a forum conducted by the U.S. Department of Justice for disability advocates regarding accessible technology. Organizations’ representatives for a range of people with disabilities presented the Department of Justice with a long list of technology barriers and some possible solutions. At the end of the two-hour meeting, we were encouraged to learn that the Department of Justice intends to continue the discussion with disability advocates and to seek solutions.

Federal Communications Commission

Your public policy director, Lise Hamlin, meets regularly at the FCC regarding captioning standards. Read more about this on

the homepage of www.hearingloss.org. Look under HLAA News. If you don’t see it, scroll down and click “Read More.”

Social Security Administration

HLAA joined other consumer groups who commented on access to the Social Security Administration (SSA). Consumer groups urged SSA to revisit their protocols for communicating with people who are hard of hearing or deaf. HLAA requested CART, remote captioning, assistive listening devices including one-to-one devices for interviewing, and hearing loops for counters.

ARE YOU IN THE MARKET FOR A HEARING AID?

Consumer’s Guide to Hearing Aids

Thanks in large part to work by New Mexico State Chapter Coordinator Steve Frazier, the guide now has a column about telecoils in their list of features for each hearing aid model (more than 400 of them). Consumers can now search out telecoil-equipped hearing using this guide. The just-released 2014 Consumer’s Guide to Hearing Aids is available through www.hearingloss.org. Go to “Support,” then “Order Materials,” then click on “[Consumer’s Guide](#).”

Purchasing a Hearing Aid: A Consumer Checklist

Published by HLAA, you can download this guide free at www.hearingloss.org. Go to “Support,” then “Order Materials,” then scroll down. Or, [download here](#). Printed copies can also be ordered. □

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Hearing Loss Association of Boulder

By **Debbie Mohnney**, HLAA Colorado State Coordinator

March 2014						
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Boulder Chapter Meeting for March

Saturday, March 15, 2014, 3pm – 5pm,
University of Colorado, Dept of Speech, Language and
Hearing Sciences Building,
2501 Kittredge Loop Road, Room 230,
Boulder, CO 80309.

Help Us Get the Word Out!

Our Boulder Chapter meeting will be **Saturday, March 15, 2014, 3pm – 5pm**, University of Colorado, Dept of Speech, Language and Hearing Sciences Building, Room 230, Boulder, CO 80309. The topic is being finalized, and will be included on the calendar at: <http://www.hearinglosscolorado.org/meeting-calendar.html>, and we will also send out an update e-mail closer to the day of the meeting.

(DIRECTIONS: from U.S. 36, exit at Baseline Rd, turn left, then turn right onto Broadway. Turn right onto Regent Dr, right again on Kittredge Loop Rd, then an immediate left. Heading up the hill, take a left at the fork on the left toward the building at the top of the hill, and around the building to the left into the parking lot. The parking lot is open-parking on weekends. PLEASE NOTE: this parking lot is up at the top by the Events Center, and the Department of Speech, Language and Hearing Sciences Building is across the parking lot.)

The Boulder chapter needs your help! We need to get the word out about our meetings, and we need volunteers to help with various tasks, and currently we are in need of a treasurer.

Please invite people you know to come with you to the meetings, and think about what kinds of activities or meeting topics you would like to have presented at upcoming meetings. Hearing Loss Association of Boulder is the best kept secret in town, so help us get the word out! □

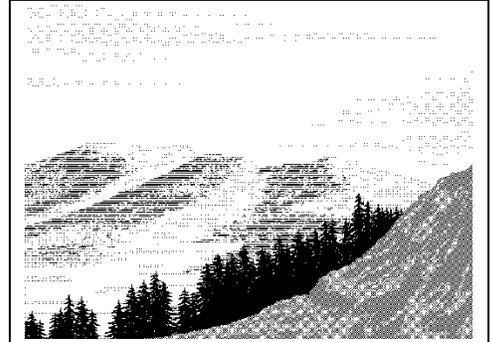
DeafDigest Mid-Week edition, February 21, 2014

A Deaf Member of Canadian Women's Hockey Team at the Sochi Winter Olympics

DeafDigest editor overlooked another deaf participant in the winter Olympics. It is Meghan Agosta-Marciano, a member of the Canadian women's hockey team. She played collegiate hockey at Mercyhurst University in Pennsylvania, and in the game against USA, she attempted 6 shots on goal but didn't score. While she is deaf, she does not use ASL. □

Editor's Note: She is listed as Meghan Agosta at <http://www.sochi2014.com/en/athlete-meghan-agosta-marciano>. She is 27 years old and has her own website, <http://www.meghanagosta.com/>. Her deafness is not mentioned in either the Olympics website or her own website. She won her third consecutive Olympic gold medal at the 2014 Olympics (previous ones were won in 2006 and 2010). Meghan has set up her own foundation, THE MEGHAN AGOSTA FOUNDATION, to provide financial support for children who are unable to afford to play hockey.

She also set up her coaching academy, Agosta's High Performance Hockey Academy, in Windsor, ON, Canada, with the help of her husband, ice hockey coach Marco Marciano. □



Hearing Loss Association of Colorado

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To submit a news item, article, clipping, story, book review, new product, personal/general member news, etc., please contact Karen Keil, P. O. Box 472704, Aurora, CO 80047-2704 by mail or by home phone by calling CapTel 1-877-243-2823, then put in 303-363-8917 or E-mail: kkeil75@yahoo.com. (Please include source, date (and page number if possible).)

Submission deadline for April 2014 newsletter: no later than Saturday, March 22nd at 11:30 pm. The newsletter is mailed at least 10 days prior to Colorado Springs monthly meeting.

A major objective of HLAA is to develop a constituency of hard of hearing people. This cannot be achieved without members throughout the U.S. Members of HLAA groups and chapters should be members of HLAA National to help accomplish the goals that will benefit all hard of hearing people and at the same time receive the benefits of that national membership.

Individual: \$35/USA, \$35/Canada/Mexico, \$45/Overseas (via airmail).

Professional: \$35/USA, \$45/Canada/Mexico, \$55 /Overseas (via airmail).

(Other types of memberships include **Library, Non-Profit Organization** and **Organization**, etc.)

For information, send a SASE to HLAA, 7910 Woodmont Ave., Suite 1200, Bethesda, MD 20814.

Quote of the Month

It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and happened to things. -- Leonardo da Vinci



**Hearing Loss
Association
of America**
Colorado Springs Chapter

By Pauline Weiss, President

The Colorado Springs Chapter of HLAA meets the second Saturday of each month, September through May, from 1-3 pm, at The Independence Center, 729 South Tejon Street, in Colorado Springs. Parking is available in the parking lot behind the building. Enter through the back entrance. Our meeting room is on the 2nd floor, and has a professionally installed hearing loop system. Live captioning (CART) is also provided.

We heard from Dr. Damon Boyce, Staff Audiologist at Westone Laboratories, at our February meeting. His informative lecture included samples of Westone's products and we were also invited to make arrangements to tour their establishment and see for ourselves the processes involved in making custom ear molds and other hearing products.

On January 26th, 10 of us attended a movie together at a local theater. For some of us, it was the first time using a CaptiView device for captioning. It was a fun time, and we hope to do it again in the near future – possibly trying out the Sony access glasses next time.

Have you made plans to go to HLAA's National Convention in Austin, Texas this June? We have 3 members who are planning to attend. And our Vice President, Dianne Reitan, will not only be attending but presenting an Employment Workshop. Dianne and her friend, Tracey Dorr, will give many proven tips on finding a job and succeeding in the workplace when you are hard of hearing.

We plan to have more social activities and some trips to the movies lie ahead.

And we are inviting you to attend a "preview presentation" which Dianne will give at the Pikes Peak Library District's 21st Century Library, located at Chapel Hills and Jamboree here in Colorado Springs. This will take place on June 14 at 1 p.m. This is something near and dear to our hearts, as PPLD first heard about looping from our Chapter several years ago. Now it's becoming a reality in their newly renovated building, which is scheduled for a grand opening in June. Their 400 seat auditorium will be looped. Dianne's presentation gives us all a chance to try it out and give PPLD feedback on what we think of it. We are very grateful to Sertoma for the monetary assistance they provided to make this a reality.

(Colorado Springs continued on page 4)

COLORADO SPRINGS CHAPTER

When: Second Saturday at 1:00 – 3:00 PM Sept-May

Where: The Independence Center, 729 South Tejon Street, Colorado Springs, CO 80903

Chapter Contact: Pauline Weiss

e-mail HLAAColoradoSprings@gmail.com □



**Hearing Loss
Association
of America**
Central Denver Chapter

The next Hearing Loss Association of America, Denver Chapter meeting will be from 1 p.m. to 3 p.m. Saturday, March 22, 2014, at Englewood Public Library, 1000 Englewood Parkway, Englewood, CO 80110 (Hampden & Santa Fe). Chapter contact: Bernie Steinberg, berniedan@yahoo.com.

By Paula DeJohn

The Denver Chapter lost a dear and valuable member when George Pelton passed away January 27, 2014. A regular at chapter meetings, he spoke little but always had a twinkle in his eye. With his kindness, loyalty, and dedication to animal welfare, George is deeply missed.

Turn it down!

New President Bernie Steinberg opened the February meeting with a proposal that we dedicate the coming year to raising awareness of the harm loud noise can do to our hearing. With the cacophony of loud music, traffic and machines that assaults us at every turn, we members of modern society are constantly at risk. There are steps we can take (and teach our children to take) to reduce the impact of noise, but Bernie urges us to go farther, and work to promote a quieter environment. His suggestion for a campaign theme: "Turn it down!"

Dealing with decibels

Our February speaker was Cory Portnuff, Au.D., a clinical audiologist at the Marion Downs Hearing Center at the University of Colorado Hospital. Dr. Portnuff's research focuses on noise-induced hearing loss in children.

He explained how the risk from environmental noise is based on two factors: sound volume, and the duration of exposure. Sound is measured in decibels (expressed as dBA, with A representing a sound rating system). For example, soft rainfall averages 50 dBA, speech around 55 to 65 dBA, and a jet plane, 135 dBA.

The louder the sound, the sooner exposure becomes harmful. That is also why rock music, with its steady beat and intensity, tends to cause more hearing loss than classical music, which fluctuates between soft and loud. Thus a safe dose of any given sound is a combination of time and intensity. For example, hearing 94 dBA steadily for one hour is equivalent to hearing 85 dBA for eight hours.

Hearing a sound above 140 dBA (gunshots or fireworks, for example) for any length of time at all is harmful. Use ear protection.

Rocky road

Using standards for safe limits for sound at various levels, Dr. Portnuff and his colleagues at CU Hospital measured some events in the Denver area. A six-hour visit to the National Western Stock Show exposed people to 200% of the daily noise limit. When the Colorado Rockies had a championship season leading up to the World Series, a playoff game exposed fans to an astounding 1,675% of their daily dose. "That is 16 times your permissible exposure," Dr. Portnuff noted. Neither were loud announcements to blame: "Audiences are often louder than PA systems," he said.

On a more personal level, iPods and MP3 players can damage hearing, but in this case the listener has control over the volume and duration: "It's all about level and time," Dr. Portnuff said.

To counteract the harmful effects of environmental noise, there are three main defensive measures, all low technology. First, leave the sound source. Second,

(Denver Chapter continued on page 4)

HLAA Chapters in Colorado

CO – STATE CHAPTER

COORDINATOR : Debbie Mohney e-mail HLAAColorado@yahoo.com

Ph 303-444-2781, Boulder, CO

80304-3106 (Note: Please notify me if you aren't able to reach your chapter contact)

State website:

<http://www.hearinglosscolorado.org>

Join the Hearing Loss Association of America e-mail E-News:

<http://www.hearingloss.org/membership/Sen.asp>

BOULDER CHAPTER (Boulder)

When: Third Saturday of Month at 3:00 – 5:00 PM, Sept - May

Where: University of Colorado, Dept of Speech, Language and Hearing Sciences Bldg, 2501 Kittedge Loop Road, Room 230, Boulder, CO 80309.

Chapter Contact: Debbie Mohney, 303-938-9659

e-mail hlaaboulder@yahoo.com

DENVER CHAPTER

When: Fourth Saturday of Month at 1 PM, no meeting July/August (special event in Sept. and Dec., date TBA)

Where: Englewood Public Library Anderson Conference Room 1000 E. Englewood Pkwy in Englewood Civic Ctr.

Chapter Contact: Paula DeJohn, Secretary, Ph 303-617-6135

e-mail paula.dejohn@yahoo.com

COLORADO SPRINGS CHAPTER

When: Second Saturday at 1:00 – 3.00 PM Sept - May

Where: The Independence Center, 729 South Tejon Street, Colorado Springs, CO 80903

Chapter Contact: Pauline Weiss

e-mail HLAAColoradoSprings@gmail.com

WESTERN COLORADO CHAPTER

When: First Saturday at 10:30 AM Sept – May

Where: Center for Independence, 740 Gunnison Ave, Grand Junction, CO 81501

Chapter Contact: Amy Becktell e-mail ajmelnick@hotmail.com or

hlaawco@gmail.com

Ph 970-241-2592

Updated: 03/02/2014 •

(Colorado Springs continued from page 3)

At our March 8 meeting, we'll hear from the Independence Center's Emergency Preparedness Coordinator, Nick DeSutter. He will present material on how individuals who are hard of hearing can best prepare for, react to, and recover from local emergencies and disasters. With the fires and floods of the past two years, this is a very timely topic in our community.

We will have NO chapter meeting in April. Instead, on April 12, we're going to carpool to the Blue Bonnet Restaurant in Denver, to attend the Walk4Hearing's Kickoff Event. Details will be listed on the state website's meeting calendar soon. □



assistance to hearing and speech impaired individuals. Since 1988, through a District project called "HEARS", these clubs have, through their support and donations, providing audiology services and new hearing aids to a number of hard of hearing persons who could not afford to purchase them. *(Photo and Info republished by permission)* □

ROCKY MTN SERTOMA GIFT FOR HEARING LOOP TO LIBRARY

Colorado Springs --- Jack Rinedollar of Rocky Mountain Sertoma is seen here presenting a check for \$7000 to the Pikes Peak Library District to install an Audio Frequency Induction Loop in the 400 seat auditorium in the new 21st Century Library building, which should be open to the public in June, 2014.

The induction Loop is a way of transmitting sound through a wire loop to the telecoil in a hearing aid. Loops are used to improve speech intelligibility for hearing aid users by eliminating background noise. With the loop, hearing aid users may hear nearly as well as those with normal hearing.

Rocky Mountain Sertoma is one of ten local Sertoma clubs in the Pikes Peak Sertoma District. Each club has a primary mission to provide

(Denver Chapter continued from page 3)

reduce—or ask someone to reduce—the volume. Third, use earplugs, which range from bits of foam available at supermarkets and drugstores, to ear-molded silicon inserts.

Beyond those individual efforts, we can encourage live performers to turn down the amplifiers a bit, and restaurant and bar managers to soften the background music. Do not expect laws to limit sound exposure, however; legal sound limitations apply only to the workplace.

Up next

On March 22, the Denver Chapter will host Maggie Sims, a communication specialist at Meeting the Challenge, Inc. (MTC), consulting firm that helps organizations comply with federal disability laws. She will discuss ways a person with hearing loss may obtain assistance under those laws.

See map and directions on page 7. □

Captioned Movies in Your Area

Links to see captioned movie listings in your area may be found at:

<http://www.regmovies.com/nowshowing/opencaptionedshowtimes.aspx#CO>

This link gives listings for Regal and United Artists theatres in Colorado.

<http://www.captionfish.com> (you specify the city and state)

This link lists the showtimes of movies for all theatre chains and businesses that choose to show captions and share the showtimes with Caption Fish with the following kinds of captioning:

OC = open-captioned on the movie screen—seen by everyone

RWC = Rear Window Captions (closed) --captions from LED screen on back wall seen on reflector panels provided by the theatre

ST = Subtitles (like those seen in foreign movies)

CV = CaptiView (captions on a device for personal viewing – provided by the theatre)

SONY = SONY® Access Glasses showing closed captions via infrared transmission (can be put on over prescription eyeglasses), provided by the theatre. •

United States Access Board - - Why is it Important We're There?

HLAA submitted comments in response to the Access Board's proposed rulemaking regarding guidelines under the Americans with Disabilities Act for access to ferries, cruise ships, excursion boats, and other passenger vessels, the Passenger Vessels Accessibility Guidelines.

HLAA applauds the efforts of the Access Board to establish accessibility guidelines to ensure that newly-constructed and altered passenger vessels covered by the Americans With Disabilities Act (ADA) are accessible to and usable by individuals with disabilities.

HLAA comments focused on issues pertinent to people with hearing loss including emergency alarms, volume-control telephones, hearing aid compatibility, TTYs, two way communication systems with both audible and visual indicators, assistive listening systems, receiver hearing aid compatibility, and passenger guest room communication features.

Did you know? When the regulations were being written for communication access for people with hearing loss for the Americans with Disabilities Act of 1990, Founder and then Executive Director Rocky Stone was appointed by President Reagan to serve on the Access Board. If it weren't for Rocky insisting on communication access for all people with hearing loss, the regulations would have only provided for people who are Deaf; i.e., sign language interpretation. Chapters across the county participated in sending their "wish list" to Rocky for accommodations in public places. He took your requests to the Access Board and you were heard because the final law covers accommodations such as captioning, assistive listening devices, and more. □

Northern Colorado HLAA Chapter

No action on regular meetings at this writing. Don Willson is continuing to advocate for loop accessibility, and had loop accessibility installed in the Fort Collins City Hall chamber. An article on this appeared in the *Fort Collins Coloradoan*, January 23, 2012, p. A1, A2. (See HLA of CO February 2012 newsletter).

Don is meeting with various groups on the topics of hearing loss and related aspects, and is spending most of his time in self-education on this area.

Contact:
Don Willson
Hearing Loss Association of America
Northern Colorado Chapter
LoopNColo@comcast.net □

Difficult People

By Claudia Reiche

03/01/2013



Rushing Water by [Alicia Dunavan](#)

If I'd asked you to identify a person in your life that causes you distress, it would probably not take very long for you to come up with a name or even a list of names. Undoubtedly, all of us have to deal with people who can be challenging to say the least. As a matter of fact, interpersonal conflicts account for a good amount of the daily problems we are struggling with. Be it a difficult spouse, coworker, neighbor, or family member, it is impossible to avoid such people entirely. Hence, being prepared for problematic encounters can improve your quality of life.

One important question you have to ask yourself is whether it is necessary or even worth it to engage with someone who has a negative or destructive impact. Often, it is insecurity, fear, or the perception of lack of control that causes a person to become manipulative and difficult to deal with. There might even be an existing diagnosable personality disorder. If at all possible, try to be as empathetic as you can. When behaviors become extreme, consider viewing the other person as handicapped or even ill.

Try to jot down some ideas on how you could handle the situation. In the best of circumstances, how do you see yourself reacting? Don't beat yourself up if you don't succeed achieving your goal. After all, most of the time you are dealing with someone who doesn't think or act logically.

Sometimes you don't have the luxury of choosing whether to engage a troublesome individual. In this case, it is helpful to realize that even though you may have little control over what the other person says or does, you do have the power to adjust your own reactions. Psychologist Nando Pelusi, Ph.D. suggests that "Resisting the trap set by difficult people is easier if you're aware of your vulnerability to getting hurt and then feeling angry." Examine and question your own thoughts and defensive tendencies: "You will not treat me this way" or "This is not going to happen." Instead of getting caught up in an internal struggle or external confrontation, Nando advises: "Better to check your fight, flight or freeze reactions and refuse to be a part of a duel in which you're an inadvertent participant. Sure, you need to stand up for yourself, but do so without demanding that you be above criticism at all costs. Remind yourself of your long-range goals: **saving time, energy, hassle and maybe even your own hide.**"

Finally, if you are exposed to the damaging influence of a difficult person every day, do whatever it takes to get out of that situation. Remaining in the presence of a manipulative, corrupting, hurtful individual can be extremely harmful to your mental and physical health. The results of such abuse (e.g., depression, anxiety) can become very difficult to reverse.

For **7 useful steps** on dealing with difficult people, check out this link (first page):

<http://tinyurl.com/SevenUsefulSteps>

or

<http://www.psychologytoday.com/collections/201205/difficult-people/the-high-art-handling-problem-people?page=4>

Claudia Reiche is a registered psychotherapist in Longmont, CO who offers counseling and works with people dealing with tinnitus and hearing loss. For more information, please visit: www.coloradotherapy.com. Reprinted by permission. The opinions are those of the author and not of HLAA. Inclusion of a product does not mean HLAA endorsement nor does exclusion of a product mean disapproval. □

Denver Center for the Performing Arts (DCPA) Open-Captioned Live Shows

Captioned Live Showings Coming up in 2014 at Buell Theatre

We offer Open Captioning at select performances for many of our shows. We invite persons who are Deaf or Hard of Hearing to join us for these shows.

Because Open Captioning uses a text display at the side of the stage, it is important that you alert our box office staff that you would like this service, this way we can ensure your seats are in the optimal location. Seats for Open Captioning are also available online by entering the promo code **OCAP**.

Captioning is available on these dates:

Million Dollar Quartet	Mar. 9, 2014	2 pm
Chicago	Mar. 22, 2014	2 pm
Rock of Ages	Apr. 26, 2014	2 pm
Animal Crackers	May 4, 2014	1:30pm
Once	May 18, 2014	2 pm
American Idiot	May 24, 2014	2 pm
The Book of Mormon 2015	Aug. 30, 2015	2 pm

Please come and support this open captioning effort!

Tickets

Voice: (303) 893-4100

TTY: (303) 893-9582

Online: www.denvercenter.org

If you wish to get updates on these shows and any other shows in e-mail, please send e-mail to kkeil75@yahoo.com to be put on the **Captioned Live Shows e-mail list**.

Accessibility Brochure Available!

Also, you can get the beautiful **2013-2014 Accessibility Brochure** both in print and in PDF with listings of all live shows with accessibility format. The PDF format can be obtained at <http://tinyurl.com/DCPAaccess1>. You can see listings of accessible live shows here at this link at www.denvercenter.org/accessibility.

From the DCPA: Because Open Captioning uses a text display at the side of the stage, it is important that you alert our box office staff that you would like this service. This way we can ensure your seats are in the optimal location. Contact the Denver Center Box Office at (303)

Advertisement

Five Rings Financial was founded with a simple yet groundbreaking objective: to educate Middle Americans in the art of how money works. At the cornerstone of our efforts lies a belief that in order to make your money work for you, you must understand the fundamentals of personal finance.

Alternatives to today's volatile market create solutions that help you protect your hard-earned savings. If you're looking to capture upside potential without risk, leverage your retirement and secure a family legacy, look no further than Five Rings Financial. We use "safe money" strategies to help you systematically prepare for retirement -- and any expected financial challenges you may face later in life.

Besides being a licensed insurance agent with Five Rings, working in conjunction with an experienced field trainer with Five Rings, I also offer accounting services for anyone who needs to have their monthly bookkeeping tasks done. If any one of you own a small business (or if you know of someone who does) and if you need someone to do your monthly books for you, I can do your monthly books for you. Reasonable rates.

Contact me (Roger Ponds) at rogerponds@comcast.net, and send me a message of how you want me to contact you (by phone or by email) to set up a face-to-face meeting.

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893-4100; (800) 641-1222 or TTY (303) 893-9582. □

Denver Center for the Performing Arts (DCPA) ASL Sign Language Interpreted and Audio Description Live Shows

The Denver Center for the Performing Arts provides American Sign Language (ASL) interpretation and Audio Description of all of our productions on select dates. We invite persons who are Deaf or Hard of Hearing to join us for these plays and we will seat you in an optimal location to view the interpreters and the stage.

When you purchase your tickets with promo code **ASL**, please alert our box office staff that you would like ASL interpretation, so that we can secure appropriate seats.

Blind or low vision patrons can check out assistive listening devices for the Audio Description and large print versions of the Applause program magazine at the patron services desk in the Bonfils Theatre Complex and through house management at the coat check in the other theatres (photo id required).

For a Braille script or large print program, please call 303.893.4836 or ckrueger@dcpa.org at least two weeks before the performance.

Million Dollar Quartet	Mar. 9, 2014	2 pm
Chicago	Mar. 22, 2014	2 pm
Rock of Ages	Apr. 26, 2014	1:30pm
Shadowlands	Apr. 27, 2014	1:30pm
Animal Crackers	May 4, 2014	1:30pm
Once	May 18, 2014	2 pm
American Idiot	May 24, 2014	2 pm
The Book of Mormon 2015	Aug. 30, 2015	2 pm

Should you need assistance in ordering tickets to these programs, contact us at 303.893.4100, 800.641-1222 or TTY 303.893.9582. □

Directions and Map to Englewood Public Library

From East Hampden:

Turn right on to S. Inca St.

From West Hampden:

Turn left on to S. Inca St.

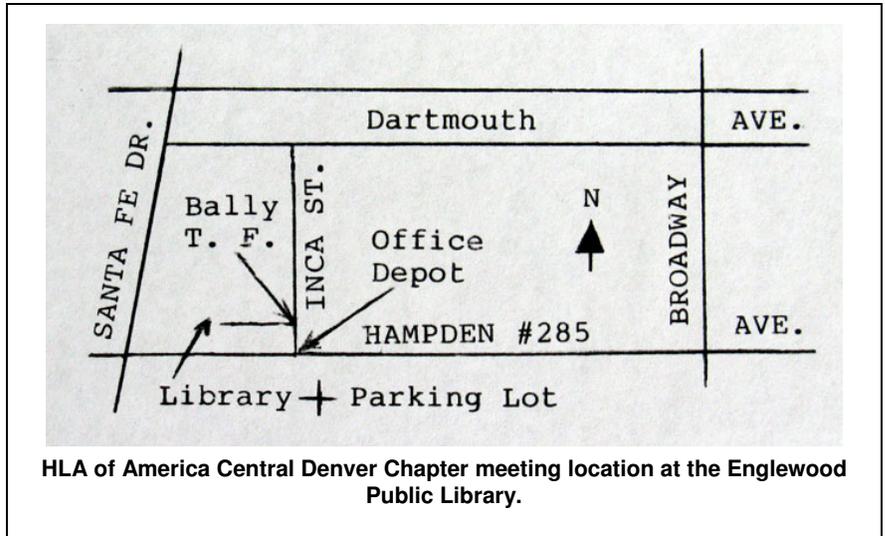
Turn left where the Bally store is and continue to go into the parking garage to park. The library is on the right next to the garage.

From Dartmouth Avenue:

Turn left from the East or turn right from the West into S. Inca St. at the northern end.

Continue south on S. Inca St. Turn right where the Bally store is, and continue into the parking garage. Library is to the right.

See map on this page. □



HLA of America Central Denver Chapter meeting location at the Englewood Public Library.



**Western Colorado Chapter
Hearing Loss Association of America
Free Monthly Meeting
Saturday, March 1, 2014
10:30am – 12:30pm
Center for Independence
740 Gunnison Avenue
Grand Junction, CO 81501**

Updates in Hearing Aids and Implantable Devices

Cory D. Workman, Au.D., F-AAA. and
Jeannette Sadler Au.D., F-AAA
Colorado West Otolaryngologists, P.C.

Cory and Jeannette will provide an update on the latest technology for hearing aids and implantable devices. They will also focus on steps users can take with their devices to improve music appreciation. Even if you already wear hearing devices, the presentation will provide additional tips to help you get the best use from your devices.

Dr. Workman earned his doctoral degree in 2013 from Idaho State University. During his clinical residency, he gained extensive expertise in vestibular assessment, pediatric and adult diagnostics, aural rehabilitation, and selection and fitting of hearing aids.

Dr. Sadler graduated from the University of Northern Colorado with her Bachelor's degree in 2003 and received her Doctorate of Audiology at James Madison University in 2007. She specializes in implantable hearing

solutions such as cochlear implants and bone-anchored hearing aids.

This meeting will be captioned and looped. Light refreshments will be served.

The captions for this meeting are sponsored by

Colorado West Otolaryngologists, P.C.
(www.cwoto.com)

People of all ages and all types of hearing loss are welcome!

All HLAA chapter meetings are free to members and non-members, including family and friends. Meetings are held the first Saturday of every month, 10:30-12:30.

For questions or further information contact:

**Amy Beckett: HLAAWCO@gmail.com
Or 970-241-2592**

More about the Hearing Loss Association of America at:
www.hearingloss.org

More about the Center for Independence at: www.cfigi.org □

MARK YOUR CALENDAR FOR UPCOMING HLAA WCO MEETINGS!

People of all ages and all types of hearing loss are welcome! All meetings are free to members and non-members, including family and friends. Meetings are the first Saturday of the month, 10:30 – 12:30 (No meeting in June, July, and August)

April 5: Guest speaker: Carlene Goldthwaite, President, Create Real Growth, LLC

The program will discuss how to create balance in your life and stay motivated. She will also talk about team building, and how we can improve our "team" of communication partners.

May 3: May is Better Speech and Hearing Month and we will have a special program with lunch.

Chapter Board Meeting, February 26, 2014, 5:30 pm – 7:30 pm at the CFI

The Western Colorado Chapter will have a planning and board meeting on Wednesday, February 26, 2014, 5:30 pm – 7:30 pm, at the Center for Independence, 740 Gunnison Ave, Grand Junction. The meeting is free and open to all interested parties; however, only chapter members will be allowed to vote, if an issue comes to a vote. We will have captions and the loop will be used. The purpose of the board and planning meeting is to review the status of the chapter and plan activities for the coming year.

Colorado Walk4Hearing, June 7, 2014

The Colorado Walk4Hearing is set for Saturday, June 7, at Clement Park in Littleton, CO. The Hearing Loss Association of America's (HLAA) Walk4Hearing is the largest walk of its kind taking place in multiples cities across the country. Every spring and fall thousands of walkers form teams and walk in their communities to increase public awareness about hearing loss, help eradicate the stigma associated with it and raise funds for programs and services. The website is being updated for the 2014 walks, but you can watch for updated information at www.walk4hearing.org.

National Convention 2014 Registration is OPEN! Austin, TX June 26 – 29

Early-bird rates will be available for HLAA members through Friday, January 31, 2014. Visit the website at www.hearingloss.org for more information. Seeing that Austin is the

Music Capital of the World, it seems especially fitting that the keynote speaker for Convention 2014 is music composer Richard Einhorn. In his keynote address, Richard will discuss his life as a professional musician whose work has been performed by some of the greatest orchestras in the world; his personal experience coping with sudden sensorineural hearing loss; and his efforts as a passionate advocate for people with hearing loss. Also, Gael Hannan, an actor with a hearing loss, will perform at the Saturday evening banquet. □

**APRIL 2014 NEWSLETTER
DEADLINE: SAT., March 22, 2014,
11:30 PM.**

**HAAA CONVENTION 2014
Austin, TX, June 26-29**

To stay up to date on Convention and other HAAA news, be sure to:

- [Sign-up for the biweekly HAAA e-News](#)
- “Like” our [Facebook page](#)
- Follow @HAAA and @nmacklin on Twitter (Nancy Macklin, director of events and marketing,



uses #HLAA2014 for Convention-related tweets)

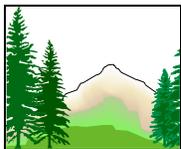
- Check www.hearingloss.org for updates; the workshop schedule is posted.

This just in:

Renaissance Austin -There is a new link to the reservation system at the

Renaissance Austin our convention hotel – <http://bit.ly/2014CONV>

Airline Discounts --Stay tuned for more information about a discounted fare on Southwest Airlines for Convention attendees (booking dates: 2/15 -6/8/14; travel dates: 6/22 – 7/3/14) □



Hearing Loss Association of America - Colorado

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Note to those on Boulder Chapter Mailing List

Check your mailing label for the numbers after your name. This is the year and month of the last newsletter you will receive. Please pay **\$15/year fees** to continue receiving the News. Checks are payable to HLA Boulder, and sent to Karen Keil, P. O. Box 472704, Aurora, CO 80047-2704. □