



Living With Hearing Loss

Hearing may not mean understanding

By Stephen O. Frazier, Hearing Loss Support Specialist

It takes our brains just a little longer to process the sounds the ears receive and turn them into words.

Hearing loss is often referred to as the invisible disability because we don't have a white cane, we don't use sign language, we're not on crutches or in a wheel chair. For many of us, our hearing aids are not even visible to alert people to the fact that "we don't hear so good." What we lack in visibility, however, we make up for in numbers.

The deaf and hard-of-hearing account for the single largest group of disabled people in America. The National Institutes for Health estimate that 18 percent of American adults 45-64 years old have some degree of hearing loss and that increases to 30 percent for those 65-74 and jumps up to 47 percent for those over 75. Those figures, however, can be misleading because for almost every one of those hard of hearing people there are at least one or two people who share their lives and are also impacted by that hard of hearing person's hearing loss, so the number of people whose lives are affected by hearing loss is very substantial.

Although 65% of the hard of hearing are below retirement age, they don't have the same problems in learning to live with hearing loss as those of us who are seniors. Research has found that there are hearing problems unique to us. They include such matters as working memory and cognitive function that can cause us to hear but not to understand the words.

Hearing Journal has reported on studies indicating that older adults, simply as an effect of aging, have up to 40% less working memory (the part of short-term memory that is concerned with immediate conscious perceptual and linguistic processing) capacity available to them than younger adults. That decrease in working memory reduces the ability of the mind to process multiple pieces of transitory information where, in the case of hearing, it can be manipulated and recognized as words.

Cognitive function is the terminology used to define the actual process of thought. Pat Kricos, Ph. D., Professor

Emeritus at the University of Florida and past president of the American Academy of Audiology, discussed this issue at a workshop she presented at an HLAA national convention a few years ago and has, since then presented to various HLAA chapters. Dr. Kricos reported that, like our bodies, our brains slow down with age - they just don't work as fast as they did when we were younger. It takes our brains just a little longer to process the sounds the ears receive and turn them into words. That action, called temporal processing, is defined as the ability to process rapidly changing auditory information stored in our working memory so, in addition to a possible hearing loss, seniors can have trouble turning rapid speech by others into understandable dialog.

So, after all the gobbledygook and highfalutin words, what is all this verbiage saying? Simply that, in addition to obtaining hearing aids, when hard of hearing seniors are having difficulty comprehending what someone is saying to them they may often understand better if they simply asked that person to speak more slowly

Such a request for slower speech is an example of assertive behavior where we who are hard of hearing can help others understand our needs and improve our ability to communicate with others.

Steve Frazier is a Hearing Loss Support Specialist and the volunteer NM Chapter Coordinator for the nonprofit Hearing Loss Association of America. Contact Steve at (505) 401-4195 or by email at HLAAnm@juno.com or visit www.HLAAnm.homestead.com. □

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Hearing Loss Association of Boulder

By Debbie Mohnney, HLAA Colorado State Coordinator

April 2014						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

Changes In the Brain Following Hearing Loss in Adults

Saturday, April 19, 2014, 3pm – 5pm,
University of Colorado, Dept of Speech, Language and Hearing Sciences Building, 2501 Kittredge Loop Road, Room 230, Boulder, CO 80309.

Changes in the Brain Following Hearing Loss In Adults

Our topic will be “Changes in the Brain following Hearing Loss in Adults”. The brain and behavior laboratory is conducting research on changes in the brain following hearing loss in adults. This research takes into account the recently described long-term implications of hearing loss on cognitive function. This line of research also has implications for the success of intervention using hearing aids and/or cochlear implants. Dr. Anu Sharma, who is the director of the Brain and Behavior laboratory will describe recent research findings and take questions.

Come to our April meeting and learn more about Hearing and the Brain!

Directions: from U.S. 36, exit at Baseline Rd, turn left, then turn right onto Broadway. Turn right onto Regent Dr, right again on Kittredge Loop Rd, then an immediate left. Heading up the hill, take a left at the fork on the left toward the building at the top of the hill, and around the building to the left into the parking lot. The parking lot is open-parking on weekends. PLEASE NOTE: this parking lot is up at the top by the Events Center, and the Department of Speech, Language and Hearing Sciences Building is across the parking lot.

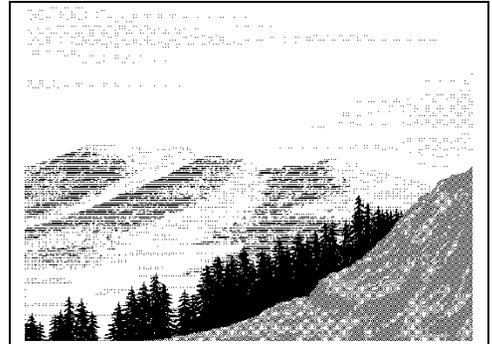
March Meeting Wrap up

At our March meeting, Dr. Christine Yoshinaga-Itano presented on *Supporting Audiology Students in Developing Counseling Skills*, using a program developed by the IDA Institute. There is a large majority of people who have hearing loss who do not obtain hearing aids, and still yet a percentage of those who do get hearing aids who leave their hearing aids in the drawer mainly because they don't work well for them. People who visit the audiologist do so for several reasons: they notice they aren't hearing like they used to, people around them mumble and they can't understand what is being said, or a friend or family member encourages them to have their hearing checked. Many of us who already have hearing aids know that we don't always have a positive experience in the audiologist or hearing specialist office, and how many of us come away feeling like they just want to sell us the most expensive hearing aids. Counseling has not been a skill that is always well developed in hearing professionals. Dr. Yoshinaga-Itano is working with Audiology students to develop skills that will help them to serve consumers better.

Upcoming May meeting

The speaker for our May 2014 HLAA Boulder Chapter meeting will be Aaron Rose who will be doing a presentation on *Cued Speech*. I have met and talked with Aaron several times, and I think this will be a great meeting topic. Stay tuned for further details.

Please invite people you know to come with you to the meetings, and think about what kinds of activities or meeting topics you would like to have presented at upcoming meetings. Hearing Loss Association of Boulder is the best kept secret in town, so help us get the word out! □



Hearing Loss Association of Colorado

HLAA Colorado State Coordinator: Deborah Mohnney
303-938-9659 voice

Newsletter Editor: Karen Keil 303-363-8917 CapTel

HLA of Boulder Chapter

Chapter Contact: Debbie Mohnney (temp)

hlaaboulder@yahoo.com

HLA of Central Denver Chapter

Chapter Contact: Bernie Steinberg

bermiedan@yahoo.com

HLA of Colorado Springs Chapter

Chapter Contact: Pauline Weiss

HLAAColoradoSprings@gmail.com

HLA of Northern Colorado Chapter

Chapter Contact: Don Willson LoopNColo@comcast.net

HLA of Western Colorado Chapter

Chapter Contact: Amy Becktell hlaawco@gmail.com

To submit a news item, article, clipping, story, book review, new product, personal/general member news, etc., please contact Karen Keil, P. O. Box 472704, Aurora, CO 80047-2704 by mail or by home phone by calling CapTel 1-877-243-2823, then put in 303-363-8917 or E-mail: kkeil75@yahoo.com. (Please include source, date (and page number if possible).)

Submission deadline for April 2014 newsletter: no later than Saturday, April 26th at 11:30 pm. The newsletter is mailed at least 10 days prior to Colorado Springs monthly meeting.

A major objective of HLAA is to develop a constituency of hard of hearing people. This cannot be achieved without members throughout the U.S. Members of HLAA groups and chapters should be members of HLAA National to help accomplish the goals that will benefit all hard of hearing people and at the same time receive the benefits of that national membership.

Individual: \$35/USA, \$35/Canada/Mexico, \$45/Overseas (via airmail).

Professional: \$35/USA, \$45/Canada/Mexico, \$55 /Overseas (via airmail).

(Other types of memberships include *Library, Non-Profit Organization* and *Organization*, etc.)

For information, send a SASE to HLAA, 7910 Woodmont Ave., Suite 1200, Bethesda, MD 20814.

Quote of the Month

Discontent is the first necessity of progress.

– Thomas A. Edison



By Pauline Weiss, President

The Colorado Springs Chapter of HLAA meets the second Saturday of each month, September through May, from 1-3 pm, at The Independence Center, 729 South Tejon Street, in Colorado Springs. Parking is available in the parking lot behind the building. Enter through the back entrance. Our meeting room is on the 2nd floor, and has a professionally installed hearing loop system. Live captioning (CART) is also provided.

Nick DeSutter, Emergency Preparedness Coordinator at The Independence Center presented an informative, interactive program on Personal Emergency Preparedness at our March 8 meeting. He distributed a workbook to guide us through the process of preparing for an emergency such as fire or flood. He also spoke about the many efforts in our community to prepare all of us to cope in the event of future emergencies.

We also discussed getting together this summer for a few social activities, and some of our group expressed interest in hiking together, possibly at Garden of the Gods. Sounds like a fun time!

I want to mention again that we will have NO chapter meeting in April, and will instead attend the Walk4Hearing's Kickoff Event on April 12.

Upcoming at our May 10 meeting, two of our chapter members, who also belong to the civic organization Sertoma, will be doing a presentation for us. Duane Gritzmaker will tell us more about what Sertoma is all about, and Bob Knox will talk about their HEARS Program, which provides help for people with hearing loss. We hope to have an especially good turnout for this meeting, as we will also be conducting Chapter Elections for new officers to serve for the next two years, beginning in September. And we'll start out the meeting with a pizza party, with pizza provided by the Chapter.

COLORADO SPRINGS CHAPTER

When: Second Saturday at 1:00 – 3:00 PM Sept-May
Where: The Independence Center, 729 South Tejon Street, Colorado Springs, CO 80903
Chapter Contact: Pauline Weiss
e-mail HLAACoSprings@gmail.com □

Walk4Hearing Ambassador

Watch this video [<http://tinyurl.com/lwbsjjq>] and see our eight-year-old Walk4Hearing Ambassador tell us why she walks. Is she cute or what? Take some inspiration from this adorable little one with hearing loss. □



The next Hearing Loss Association of America, Denver Chapter meeting will be from 1 p.m. to 3 p.m. Saturday, April 26, 2014, at Englewood Public Library, 1000 Englewood Parkway, Englewood, CO 80110 (Hampden & Santa Fe). Chapter contact: Bernie Steinberg, berniedan@yahoo.com.

By Paula DeJohn

On March 22, the Denver Chapter heard Maggie Sims, a communication specialist at Meeting the Challenge, Inc. (MTC), explain details of the Americans with Disabilities Act (ADA).

Maggie is an information specialist with the Rocky Mountain ADA Center, based in Colorado Springs. The ADA Center provides businesses, government agencies and other organizations with help in complying with the ADA.

Hearing loss, she noted, is considered a disability if it:

- Substantially limits a major life activity
- Substantially limited a major life activity in the past
- Results in treatment of an individual as substantially limited.

“It’s very far reaching,” Maggie said of the ADA. However, she cautioned, every case is different, so compliance always depends on circumstances. There is no list of disabilities covered by the ADA. The law does not provide for criminal prosecution; enforcement is based on complaints subject to mediation or litigation under civil law.

The law provides specifically for communication accommodations. Several members had questions regarding their own experiences at work. Maggie distributed a handbook published for employers by the Job Accommodation Network (JAN), a service funded by the U.S. Department of Labor. It explains an employer’s responsibilities under the ADA, and gives basic information about hearing loss and how it can be managed in the workplace.

Up next

At the April meeting, Ric Durity will discuss the psychological and emotional effects of hearing loss. Ric is director of development at the Mental Health Center of Denver.

See map and directions on page 7. □

Dial 9-1-1

HLAA made a presentation on this topic as part of a panel discussion to the National Emergency Numbering Association (NENA) Conference. The panel focused on the impact of text-to-911 technology for people with hearing loss. This technology is available in some communities and will be rolled out in other communities in the coming year. The panel was moderated by the FCC with representatives from NAD and Gallaudet University also attending. □

HLAA Chapters in Colorado

CO – STATE CHAPTER

COORDINATOR : Debbie Mohney e-mail HLAAColorado@yahoo.com

Ph 303-444-2781, Boulder, CO

80304-3106 (Note: Please notify me if you aren't able to reach your chapter contact)

State website:

<http://www.hearinglosscolorado.org>

Join the Hearing Loss Association of America e-mail E-News:

<http://www.hearingloss.org/membership/Sen.asp>

BOULDER CHAPTER (Boulder)

When: Third Saturday of Month at 3:00 – 5:00 PM, Sept - May

Where: University of Colorado, Dept of Speech, Language and Hearing Sciences Bldg, 2501 Kittredge Loop Road, Room 230, Boulder, CO 80309.

Chapter Contact: Debbie Mohney, 303-938-9659

e-mail hlaaboulder@yahoo.com

DENVER CHAPTER

When: Fourth Saturday of Month at 1 PM, no meeting July/August (special event in Sept. and Dec., date TBA)

Where: Englewood Public Library Anderson Conference Room 1000 E. Englewood Pkwy in Englewood Civic Ctr.

Chapter Contact: Paula DeJohn, Secretary, Ph 303-617-6135

e-mail paula.dejohn@yahoo.com

COLORADO SPRINGS CHAPTER

When: Second Saturday at 1:00 – 3:00 PM Sept - May

Where: The Independence Center, 729 South Tejon Street, Colorado Springs, CO 80903

Chapter Contact: Pauline Weiss

e-mail HLAACoSprings@gmail.com

WESTERN COLORADO CHAPTER

When: First Saturday at 10:30 AM Sept – May

Where: Center for Independence, 740 Gunnison Ave, Grand Junction, CO 81501

Chapter Contact: Amy Becktell e-mail ajmelnick@hotmail.com or

hlaawco@gmail.com

Ph 970-241-2592

Updated: 03/02/2014 •



Colorado Walk4Hearing KICKOFF EVENT

COLORADO WALK4HEARING KICKOFF (RSVP)

Saturday, April 12, 2014 | 11:00 a.m. to 1:00 p.m.

Blue Bonnet
457 South Broadway
Denver, CO 80209

WALK EVENT

COLORADO WALK4HEARING WALK

Saturday, June 7, 2014.

Clement Park
7306 W. Bowles Ave.
Littleton, CO

9:30am – Registration/Check-in

10:30am – Walk begins

Distance: 5K (3.1 miles)



Captioned Movies in Your Area

Links to see captioned movie listings in your area may be found at:

<http://www.regmovies.com/Theatres/Captioning-and-Descriptive-Video#CO>

This link gives listings for Regal and United Artists theatres in Colorado.

<http://www.captionfish.com> (You specify the city and state.)

This link lists the showtimes of movies for all theatre chains and businesses that choose to show captions and share the showtimes with Caption Fish with the following kinds of captioning:

OC = open-captioned on the movie screen—seen by everyone

RWC = Rear Window Captions (closed) --captions from LED screen on back wall seen on reflector panels provided by the theatre

ST = Subtitles (like those seen in foreign movies)

CV = CaptiView (captions on a device for personal viewing – provided by the theatre)

SONY = SONY® Access Glasses showing closed captions via infrared transmission (can be put on over prescription eyeglasses), provided by the theatre. •

HEARING LOSS MAGAZINE, MAY/JUNE 2014 ISSUE

The May/June **Hearing Loss Magazine** [<http://tinyurl.com/HLAAMag>] goes in the mail the first week of May. HLAA members can also preview the issue online at <http://tinyurl.com/magonline> on www.hearingloss.org before it hits the mailboxes in mid-May. Those who aren't members can preview a sample and see if they might like to receive the magazine on a regular basis. When you join HLAA at <http://www.hearingloss.org/content/join>, you not only join the leading organization for people with hearing loss who advocates on your behalf, you get a subscription to *Hearing Loss Magazine*.

In the May/June *Hearing Loss Magazine*:

- **It Takes a Family** by Ronnie Adler and various HLAA members— Read about adults who are involved in the HLAA Walk4Hearing because of their parents with hearing loss. There are three touching stories told from the heart.
- **Are You Computer Savvy? If Not, Join the Club!** By Joel Strasser – Learn about the Telikin computer and why it's great for older people with hearing loss.
- **I Have the Job...Now What?** By Barbara Johnson – The author explains how to advocate for yourself in the workplace.
- **When a Complaint Means More Than Just Complaining** by Lise Hamlin – HLAA's director of public policy reports on the new rules just released by the FCC on closed captioning quality. Lise includes information on how to complain AND compliment. ☐

Sign up for the *HLAA e-News!*

We bring you information about what HLAA is doing for you. We keep you up to date with our plans for the next convention. We bring you human-interest stories that speak to issues of hearing loss and we answer your questions about assistive technology. Sign up at www.hearingloss.org! ☐

Northern Colorado HLAA Chapter

No action on regular meetings at this writing. Don Willson is continuing to advocate for loop accessibility, and had loop accessibility installed in the Fort Collins City Hall chamber. An article on this appeared in the **Fort Collins Coloradoan**, January 23, 2012, p. A1, A2. (See HLA of CO February 2012 newsletter).

Don is meeting with various groups on the topics of hearing loss and related aspects, and is spending most of his time in self-education on this area.

Contact:
Don Willson
Hearing Loss Association of America
Northern Colorado Chapter
LoopNColo@comcast.net ☐

What a Good Weight Loss Program Must Include

By Claudia Reiche

02/22/2013



[Wheat Ears by Silviu Firulete](#)

We are about two months into the New Year, and the resolution of losing weight has already taken a backseat for many who had hopes, dreams, and honest aspirations of making this “the year” of dropping those unwanted pounds. In an ideal world, weight loss hopefuls would have a team of nutritionists, personal trainers, addiction specialists, and professionals from other specialized areas to help them. Of course, most of us don't have that luxury.

This, however, does not mean that you are doomed to failure. A U.S. Preventive Services Task Force panel identified the main components of a successful weight loss program as “setting weight-loss goals, improving knowledge about nutrition, teaching clients how to track their eating and setting limits, identifying barriers to change and strategizing on ways to maintain lifestyle changes.” Virtually every one of these factors can

be achieved with the help of a professional therapist.

Here are some of the areas that therapy will help you address and resolve:

- Are you TRULY READY to begin a new life style that involves losing weight? This entails the acceptance that you will never go back to your “old life.”
- Why do you overeat? It is important to determine the reasons before starting weight loss, so that you may not sabotage yourself.
- Make a commitment, change your unhelpful perspectives, and find the motivation to succeed.
- What are stressors in your life that contribute to problem eating behaviors and how can you manage them better?
- Setting realistic short-term and long-term weight loss goals. It will take time to achieve your target weight.
- Establishing a diet and exercise plan that works for you.
- Dealing with the reactions of family, friends, colleagues.
- Adapting to a new body and strategies for keeping the weight off.
- Dealing with setbacks.

There is no doubt that a good therapist will provide you with the emotional support that is so important in the process. When you talk to someone who runs a successful business, they will tell you that they invested a lot of preparation, research, time, and energy into a business plan. Even when the business runs smoothly, the plan will be reviewed and adjusted, so that the business will continue to thrive. A weight loss program can be approached in a similar manner. Make your plan beforehand; anticipate problems and how you will address them, so that you won't waste time, money, and self-esteem. As one very successful millionaire entrepreneur has stated: If failure is not an option, there is no other outcome but success.

Claudia Reiche is a registered psychotherapist in Longmont, CO who offers counseling and works with people dealing with tinnitus and hearing loss. For more information, please visit: www.coloradotherapy.com. Reprinted by permission. The opinions are those of the author and not of HLAA. Inclusion of a product does not mean HLAA endorsement nor does exclusion of a product mean disapproval. ☐

Denver Center for the Performing Arts (DCPA) Open-Captioned Live Shows

Captioned Live Showings Coming up in 2014 at Buell Theatre

We offer Open Captioning at select performances for many of our shows. We invite persons who are Deaf or Hard of Hearing to join us for these shows.

Because Open Captioning uses a text display at the side of the stage, it is important that you alert our box office staff that you would like this service, this way we can ensure your seats are in the optimal location. Seats for Open Captioning are also available online by entering the promo code **OCAP**.

Captioning is available on these dates:

<i>Rock of Ages</i>	Apr. 26, 2014	2 pm
<i>Animal Crackers</i>	May 4, 2014	1:30pm
<i>Annie</i>	May 10, 2014	2 pm
<i>Once</i>	May 18, 2014	2 pm
<i>American Idiot</i>	May 24, 2014	2 pm
<i>Pippin</i>	Sep. 20, 2014	2 pm
<i>The Unsinkable Molly Brown</i>	Oct. 19, 2014	1:30pm
<i>Kinky Boots</i>	Nov. 9, 2014	2 pm
<i>Jersey Boys</i>	Dec. 13, 2014	2 pm
<i>Dr. Seuss' How the Grinch Stole Christmas</i>	Dec. 27, 2014	2 pm
<i>Rodgers & Hammerstein's Cinderella</i>	Feb. 15, 2015	2 pm
<i>Motown The Musical</i>	April 18, 2015	2 pm
<i>Wicked</i>	June 27, 2015	2 pm
<i>The Book of Mormon 2015</i>	Aug. 30, 2015	2 pm

Please come and support this open captioning effort!

Tickets

Voice: (303) 893-4100

TTY: (303) 893-9582

Online: www.denvercenter.org

If you wish to get updates on these shows and any other shows in e-mail, please send e-mail to kkeil75@yahoo.com to be put on the **Captioned Live Shows e-mail list**.

Accessibility Brochure Available!

Also, you can get the beautiful **2013-2014 Accessibility Brochure** both in print and in PDF with listings of all live shows with accessibility format. The PDF format can be obtained at <http://tinyurl.com/DCPAaccess1>. You can see listings of accessible live

shows here at this link at www.denvercenter.org/accessibility.

From the DCPA: Because Open Captioning uses a text display at the side of the stage, it is important that you alert our box office staff that you would like this service. This way we can ensure your seats are in the optimal location. Contact the Denver Center Box Office at (303) 893-4100; (800) 641-1222 or TTY (303) 893-9582. □

Denver Center for the Performing Arts (DCPA) ASL Sign Language Interpreted and Audio Description Live Shows

The Denver Center for the Performing Arts provides American Sign Language (ASL) interpretation and Audio Description of all of our productions on select dates. We invite persons who are Deaf or Hard of Hearing to join us for these plays and we will seat you in an optimal location to view the interpreters and the stage.

When you purchase your tickets with promo code **ASL**, please alert our box office staff that you would like ASL interpretation, so that we can secure appropriate seats.

Blind or low vision patrons can check out assistive listening devices for the Audio Description and large print versions of the Applause program magazine at the patron services desk in the Bonfils Theatre Complex and through house management at the coat check in the other theatres (photo id required).

For a Braille script or large print program, please call 303.893.4836 or ckrueger@dcpa.org at least two weeks before the performance.

<i>Dixie's Tupperware Party</i> (1)	April 16, 2014	7:30pm
<i>Shadowlands</i>	Apr. 27, 2014	1:30pm
<i>Animal Crackers</i>	May 4, 2014	1:30pm
<i>Dixie's Longate's Never Wear a Tube Top While Riding a Mechanical Bull</i> (2)	May 4, 2014	2 pm
<i>Annie</i>	May 10, 2014	2 pm
<i>Once</i>	May 18, 2014	2 pm
<i>American Idiot</i>	May 24, 2014	2 pm
<i>Pippin</i>	Sep. 20, 2014	2 pm
<i>You Say Tomato, I Say Shut Up!</i>	Oct. 12, 2014	2 pm
<i>The Unsinkable Molly Brown</i>	Oct. 19, 2014	1:30pm
<i>Lord of the Flies</i>	Oct. 26, 2014	1:30pm
<i>Vanya and Sonia and Masha and Spike</i>	Nov. 2, 2014	1:30pm
<i>Kinky Boots</i>	Nov. 9, 2014	2 pm

<i>Jersey Boys</i>	Dec. 13, 2014	2 pm
<i>Dr. Seuss's How the Grinch Stole Christmas</i>	Dec. 27, 2014	2 pm
<i>Forbidden Broadway: Alive & Kicking!</i>	Jan. 25, 2015	2 pm
<i>Appoggiatura</i>	Feb. 8, 2015	1:30pm
<i>Rodgers & Hammerstein's Cinderella</i>	Feb. 15, 2015	2 pm
<i>Benediction</i>	Feb. 22, 2015	1:30pm
<i>One Night in Miami</i>	April 12, 2015	1:30pm
<i>Motown The Musical</i>	April 18, 2015	
<i>Director's Choice</i>	April 19, 2015	1:30pm
<i>The Second City's American Mixtape</i>	June 22, 2014	3 pm
<i>Wicked</i>	June 27, 2015	2 pm
<i>The Bicycle Men</i>	July 13, 2014	2 pm
<i>The Book of Mormon 2015</i>	Aug. 30, 2015	2 pm
<i>A Christmas Carol</i>	Dec. 21, 2014	1:30pm

- (1) **ASL supplied**, **Audio Description available on request with two weeks advance notice**. Contact Carol Krueger, or 303.446.4836, TTY: 303.893.9582
- (2) **Audio Description supplied**; **ASL interpretation available on advanced notice**. Contact Carol Krueger, or call 303.446.4836, TTY: 303.893.9582

Should you need assistance in ordering tickets to these programs, contact us at 303.893.4100, 800.641-1222 or TTY 303.893.9582. □

Deaf and Hard of Hearing Alliance (DHHA)

HLLA is part of a coalition of organizations all working on issues concerning people with hearing loss. The February 2014 meeting was held at the HLLA office in Bethesda, chaired by Lise Hamlin, HLLA director of public policy. Action items for the year include working on legislation related to the IDEA (Individuals with Disabilities Education Act) and EHDI (Early Hearing Detection and Intervention Act). Another important task is supporting legislation to fund programs to train more captioners and work on regulatory issues regarding captioning quality and relay services. For more information about the DHHA, go here <http://www.dhha.info/>. □



Directions and Map to Englewood Public Library

From East Hampden:

Turn right on to S. Inca St.

From West Hampden:

Turn left on to S. Inca St.

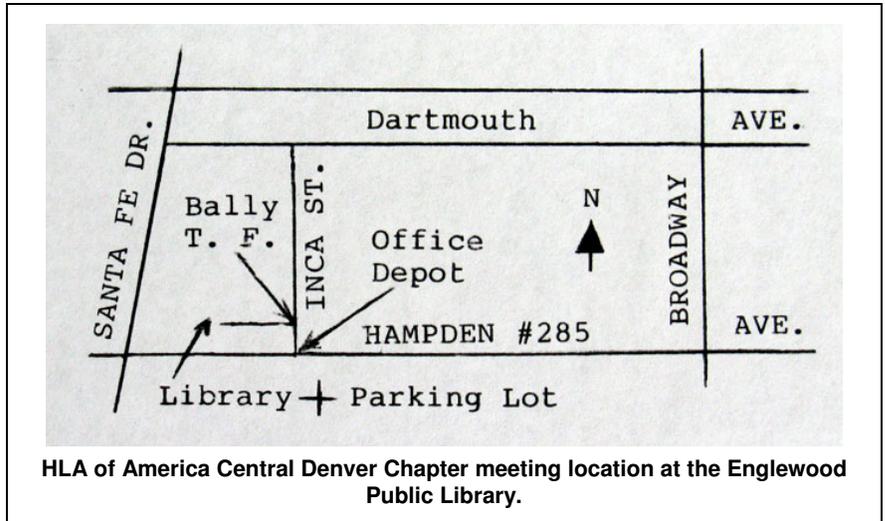
Turn left where the Bally store is and continue to go into the parking garage to park. The library is on the right next to the garage.

From Dartmouth Avenue:

Turn left from the East or turn right from the West into S. Inca St. at the northern end.

Continue south on S. Inca St. Turn right where the Bally store is, and continue into the parking garage. Library is to the right.

See map on this page. □



**Western Colorado Chapter
Hearing Loss Association of America
Free Monthly Meeting
Saturday, April 5, 2014
10:30am – 12:30pm
Center for Independence
740 Gunnison Avenue
Grand Junction, CO 81501**

**John Klish, Gold Medalist at
Deaflympics**

John Klish is a competitive cyclist who competed in the Deaflympics in Sofia, Bulgaria in August 2013. As a member of the U.S. Deaf Cycling Team, he raced in the 1,000-meter sprint, the 40K time trial, the road race, the 50 kilometer points race as well as a mountain bike race. He brought home two bronze medals, and took home the gold on the final day of competition. He achieved this feat seven years after treatment and surgery for testicular cancer.

John was born with profound bilateral hearing loss. He not only learned to function in the hearing world, but succeeded in it, excelling in both sports and academics. He is currently launching DEAFlete, a nonprofit organization dedicated to increasing opportunities for deaf athletes and increasing engagement between deaf and hearing athletes.

Please join us at our meeting to hear John talk about his amazing journey.

This meeting will be captioned and looped. Light refreshments will be served.

People of all ages and all types of hearing loss are welcome!

All HLAA chapter meetings are free to members and non-members, including family and friends. Meetings are held the first Saturday of the month, 10:30-12:30.

For questions or further information contact:

**Amy Beckett: HLAAWCO@gmail.com
Or 970-241-2592**

More about the Hearing Loss Association of America at: www.hearingloss.org

More about the Center for Independence at: www.cfigi.org

More about Deaflete: <http://www.deaflete.org>

□

**MARK YOUR CALENDAR FOR
UPCOMING HLAA WCO
MEETINGS!**

People of all ages and all types of hearing loss are welcome! All meetings are free to members and non-members, including family and friends. Meetings are the first Saturday of the month, 10:30 – 12:30 (No meeting in June, July, and August)

May 3: May is Better Speech and Hearing Month and we will have a special program with lunch.

Colorado Walk4Hearing, June 7, 2014

The Colorado Walk4Hearing is set for Saturday, June 7, at Clement Park in Littleton, CO. The Hearing Loss Association of America's (HLAA) Walk4Hearing is the largest walk of its kind taking place in multiples cities across the country. Every spring and fall thousands of walkers form teams and walk in their communities to

increase public awareness about hearing loss, help eradicate the stigma associated with it and raise funds for programs and services. The website is being updated for the 2014 walks, but you can watch for updated information at www.walk4hearing.org.

National Convention 2014 Registration is OPEN! Austin, TX June 26 – 29

Early-bird rates will be available for HLAA members through Friday, January 31, 2014. Visit the website at www.hearingloss.org for more information. Seeing that Austin is the Music Capital of the World, it seems especially fitting that the keynote speaker for Convention 2014 is music composer Richard Einhorn. In his keynote address, Richard will discuss his life as a professional musician whose work has been performed by some of the greatest orchestras in the world; his personal experience coping with sudden sensorineural hearing loss; and his efforts as a passionate advocate for people with hearing loss. Also, Gael Hannan, an actor with a hearing loss, will perform at the Saturday evening banquet. □

HLAA Webinars – They're Free and Captioned

Tune into your favorite topic with HLAA Webinars. Go to www.hearingloss.org/content/schedule for presenters and times. Can't make the time? Webinars are recorded and available to play back are your convenience. □

AmazonSmile Program

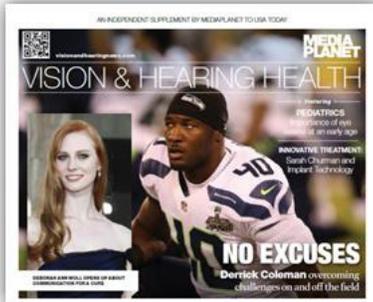
HLAA is now participating in the AmazonSmile program, where Amazon donates 0.5% of the price of eligible AmazonSmile purchases at no cost to shoppers. Support HLAA when you shop at Amazon:

<http://smile.amazon.com/ch/52-1177011> □

HLAA and Hearing Loss Gets Top Billing in USA Today Supplement

Thu, 04/03/2014

HLAA and Hearing Loss are Featured in MediaPlanet's Vision & Hearing Health Supplement to USA Today



Friday, March 28, 2014: MediaPlanet ran a feature on vision and hearing health in selected markets where HLAA Executive Director Anna Gilmore Hall wrote **Living Successfully with Hearing Loss** (<http://tinyurl.com/successful-hearing>), following a story about Derrick Coleman, the Seattle Seahawks fullback who has hearing loss (<http://tinyurl.com/dcoleman-noexcuses>).

Anna wrote: *Hearing loss is a major public health issue. About 20 percent of adults in the United States, 48 million, report some degree of hearing loss. Hearing loss impacts people of all ages and professions. It is the third most common physical condition after arthritis and heart disease. However, there is good news. There are tools and resources that can help you and your family live successfully with hearing loss. Yes, your family – because hearing loss impacts not only the individual with hearing loss, but the entire family.*

Read the full article on the [web](#) at or [PDF](#).

[Vision & Hearing Health – Mediaplanet Digital Campaign](#) at <http://www.visionandhearingnews.com>.

[Newsletter Editor's note: This link above leads you to a digital magazine online that has several articles, one on Derrick Coleman, some articles on some aspect of hearing loss such as cochlear implants, noise-induced hearing loss, tinnitus, consequences of hearing loss and others, along with an article on Sarah Churman, complete with a video showing her hearing for the first time with a cochlear implant.]

The advertisement for HLAA in Media Planet features a woman, Marisa Sarto, smiling. Text on the ad includes: "HLAA Opened My World of Communication and Changed My Life" by Marisa Sarto, HLAA Member. It lists benefits: "Significantly Improve Your Hearing with: Latest Hearing and Assistive Technologies", "Listening and Communication Skills", and "HLAA's Education, Advocacy and Support Programs". It also provides the website www.hearingloss.org and contact information: "Email inquiry@hearingloss.org or call 301.657.2248". A small photo of a family is also visible.

Free Brochure about Hearing Loss • Benefits of HLAA Personal or Professional Memberships
• HLAA Convention 2014, Austin, TX, June 26-29
50+ Workshops, Exhibitors, Technology Symposium, Social Events, More
• Walk4Hearing in 21 cities

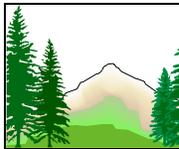
HLAA Ad in Media Planet

Source:

<http://www.hearingloss.org/content/hlaa-in-usa-today-supplement>



**MAY 2014 NEWSLETTER
DEADLINE: SAT., April 26, 2014,
11:30 PM.**



Hearing Loss Association of America - Colorado

Karen Keil, Editor

P. O. Box 472704

Aurora, CO 80047-2704

Note to those on Boulder Chapter Mailing List

Check your mailing label for the numbers after your name. This is the year and month of the last newsletter you will receive. Please pay **\$15/year fees** to continue receiving the News. Checks are payable to HLA Boulder, and sent to Karen Keil, P. O. Box 472704, Aurora, CO 80047-2704.